

RETIREMENT CLUB NEWSLETTER

September 2013 No 289

Manton Lane MK41 7PF

Tel: 01234 350681

SEPTEMBER WALK

The next walk will be on Wednesday, September 11th and will be led by Dave Thomas. Please meet at The Woolpack, Bedford Road, Wilstead, MK45 3HW at the usual time of 10.15am for a 10.30am start.

ARC ANNUAL LUNCH

12.30pm for 1pm on Wednesday 2nd October 2013
The Amalfi Suite at The Sharnbrook Hotel
A6/Park Lane, Sharnbrook, Beds MK44 1LX
www.thesharnbrookhotel.com

STARTER

- S1 Antipasto Misto
Traditional Italian cured meats of Parma Ham, Coppa & Salami with mozzarella, giardiniera pickled vegetables and olives
- S2 Tomato & Basil Soup (v)
- S3 Salmon & Prawn Salad

MAIN COURSE

- M1 British Lamb Shank
Slow cooked and succulent Lamb Shank served over garlic & rosemary mashed potatoes and seasonal vegetables
- M2 Pollo alla Cacciatora
Butterflied breast of chicken baked in a traditional Italian herbed tomato sauce With button mushrooms & shallots, served with parmentiere potatoes and Roasted root vegetables
- M3 Vegetarian Lasagna
Baked layers of pasta, aubergines, mushrooms, carrots, mozzarella & napoletana tomato sauce. Served with a mixed side salad

DOLCI

- D1 Caramel Apple Pie served hot with custard
- D2 Trio Di Dolci
Homemade dessert taster of Tiramisù, Vanilla Cheesecake & a Profiterole
- D3 Fresh Fruit Salad with vanilla ice cream

followed by Tea/Coffee & Biscotti

Price £17.50

Annual Lunch Booking Form/Menu Choices

Name	Starter			Main			Dessert		
	S1	S2	S3	M1	M2	M3	D1	D2	D3

Please pick your choices

Special dietary requirements:

Seating preference

Cheque No enclosed to the value of £.

Please make cheques payable to: ARA Retirement Club

Please return your booking form to:

Bruce Price, 91 Whitworth Way, Wilstead, Bedford MK45 3EF
If you have any queries please tel 01234 407255

Deadline: **Tuesday 24th Sept.**

BOAT TRIP



This will be on the River Ouse at Bedford on Tuesday 17th September. The trip will start from Priory Marina, adjacent to the Chandlery Shop, where parking is available. The cost is £6 per head and the trip will last approximately 2½ hours. Please arrive at 2.00pm for a 2.30pm departure.

Tickets have been selling well, and there are only a few remaining. Friends and family will be very welcome. The boat does have a wheel chair lift.

To book your places, please send £6.00 per head (cheques payable to ARA Retirement Club), together with your contact details (phone number and email address in case of any last minute changes to the plan) to:

Anne Pallister, 1 Nightingale Avenue, Bedford MK41 7JB 01234 272906

One Hundred Years of Aviation September 1913 contributed by John Cherry

2nd Today four aeroplanes of N^o 2 Squadron have made the first sea crossing by the Royal Flying Corps when they flew to Rathbane Camp, County Limerick for manoeuvres.

9th Today the Zeppelin LZ14 (L1) the first German Navy airship crashed into the North Sea off Heligoland, it is feared that most of the crew of 20 were killed.

17th Mr Harold Blackburn today demonstrated his new Type 1 monoplane at Ripon. During the demonstration Mr Blackburn took up a local woman passenger Mrs Leigh, who is over 70 years old.

18th The prototype Avro 504, a two seat biplane, began its test flights today. This new machine is fitted with an 80 hp Gnome engine.

20th The Prototype Avro 504 biplane that first flew two days ago competed in the Aerial Derby today.

21st Today at Bec, France the young French pilot, Adolphe Pegoud who has been flying for only seven months, pulled off a remarkable manoeuvre when he flew a loop in his Bleriot during a superb display of aerobatics. Although this is not the first time that a loop has been performed Pegoud took his training seriously by spending up to 20 minutes upside down in a practice Bleriot cockpit. Pegoud also delighted the crowd with other daring manoeuvres such as rolls and spins during the display he also made the very first sustained inverted flight.

23rd Another great aviation challenge was conquered today when Roland Garros became the first person to fly across the Mediterranean, a distance of nearly 470 miles. The non-stop flight almost ended in disaster for his Morane-Saulnier monoplane had only enough fuel for an 8 hour flight and reached Bizerta, Tunisia 7 hours and 53 minutes after taking off from Saint Raphael, France. A flight this long over water had never been made before. Garros left nothing to chance as he was aware of running out of fuel but confident he could navigate without wasting it. With a tyre inner tube as a life saver he took-off at 5:30 am. Less than two hours into the flight a cylinder head broke, Garros considered landing on Sardinia but the island was covered in cloud so he decided to press on landing with just one gallon of fuel left in the tank he surprised the French naval garrison at Bizerta by landing on their parade ground.

27th Today in Montana USA, Katherine Stinson has become the first female in the US to make an official airmail flight. Over the past four days she has carried 1333 letters and post cards from the Montana State fairground at Helena to the centre of Helena, this was a publicity stunt to promote a Montana airmail service. Katherine's sister, Marjorie has followed her sister into the air although Katherine tried to dissuade her because of the danger.

29th At Reims, France today Maurice Prevost flew his Deperdussin Monocoque monoplane at 126.67 mph to win the Gordon Bennett cup.

FORTHCOMING EVENTS	
Wednesday 11 th September	September walk, details will be published in the next newsletter.
Tuesday, 17th September	Boat Trip on the River Great Ouse.
Tuesday, 24th September	Deadline for booking seats for the Annual Lunch..
Wednesday 2 nd October	Annual Lunch, Sharnbrook Hotel

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